

Every Child
Safe, Healthy and
Connected



Annual Report 2021-2022

WISH Center Professional Development

The WISH Center strives to fulfill its mission to build the knowledge, skills and capacity of educators to positively impact the well-being of every student.

4,130 total participants attended WISH Center trainings from 251 school districts and 47 organizations. A hybrid of virtual and in person trainings were held, including DBT Steps-A In Schools, Restorative Practices, Compassion Resilience, Anti-Human Trafficking, Youth Mental Health First Aid and four online book studies. The WISH Center held multiple Communities of Practice to support schools in ongoing learning and implementation beyond initial training.

Meeting Educators' Needs for Safe & Healthy Schools

AREAS OF FOCUS

WISH PROVIDES TOOLS FOR

Trauma Sensitive Schools

Compassion Resilience Toolkit

SBIRT (Screening, Brief Intervention and Recommendation for Treatment)

Youth Mental Health First Aid

AODA, School Safety, Bullying Prevention

Restorative Practices for Educators & Restorative Conferencing

EDUCATORS NEED TOOLS FOR*

Digital Safety

Anxiety

Suicide Prevention

Emerging Drug Trends

Cyberbullying

Trauma & Resilience

Alcohol, Tobacco & Other Drugs

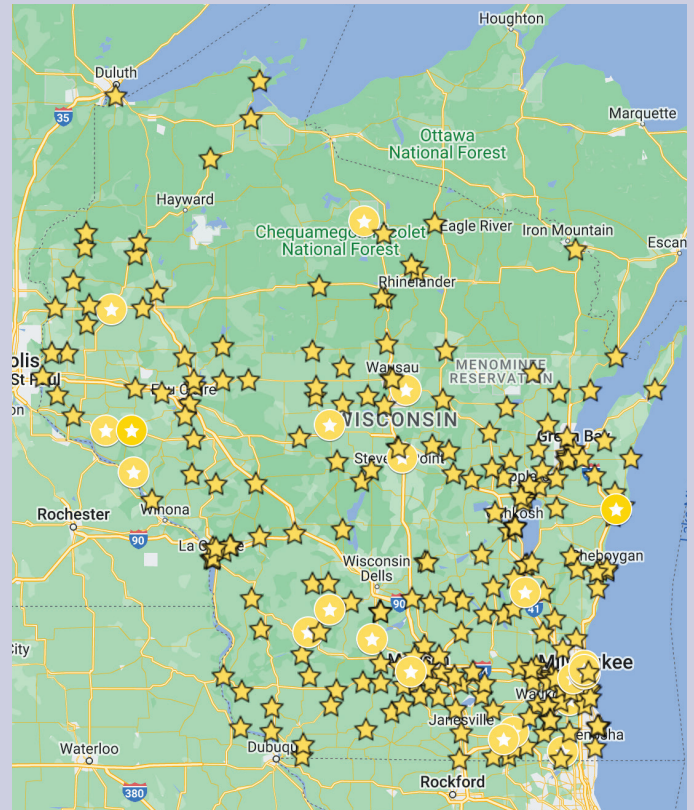
Integrating SEL

Engaging Parents with SEL

*From the 2022 Needs Assessment

2021-2022 WISH Center Event Participants by Location

★ 251 School Districts ★ 47 Organizations
★ 20 New Schools



Annual Conference: Building the Heart of Successful Schools

The WISH Center, in partnership with the Student Services Prevention and Wellness Team from DPI, organizes and hosts a conference for education professionals showcasing timely prevention and intervention practices with an emphasis on highlighting stories from the field in Wisconsin. This two-day conference with a pre conference was held virtually for the second time since the COVID-19 pandemic began.

- 331 educators attended the Building the Heart of Successful Schools Conference held virtually (Pre Conference + Conference) from 136 school districts and organizations.
- Pre Conference Topics included workshops on Anti-Human Trafficking, Using Dialectical Behavior Therapy in Schools (DBT-Steps-A), Using the Wisconsin Mental Health Literacy Units, and Meditation.
- Participants represented school social workers (25%), school counselors (20%), district or building administrators (18%), teachers (10%) and school psychologists (4%).
- Keynote presentations by Dr. Michelle Borba and Tovi Scruggs-Hussein centered the resiliency needs of students and educators.



Building the Heart
of Successful Schools



Tovi Scruggs-Hussein
**Resilience: The Why,
The Way, The How**



Dr. Michelle Borba
**Caring Champions
and Thrivers**

Favorite Features of the Conference Include:

- #1 Keynote Sessions**
- #2 Sectional Presentations**
- #3 Prerecorded Sessions**



Youth Mental Health

First Aid Training

The Youth Mental Health First Aid (YMHFA) approach is focused on assisting those who interact with students age 12-18 daily (teachers, school administration, custodial staff, etc.) to help in identifying students with mental health or addictions challenges or crises, so students can be referred to appropriate treatment.

- Over 800 individuals participated in 57 Youth Mental Health First Aid trainings in schools and communities throughout Wisconsin. In addition, three Communities of Practice were held to support statewide YMHFA instructors providing promising practices for online instruction and infusing trauma-informed principles into training.
- Five Training of Trainers were held to increase school capacity to provide training on Youth Mental Health First Aid. 70 new YMHFA trainers were certified as a result of these training sessions.

Compassion Resilience

The WISH Center, in partnership with DPI's Student Services/Prevention and Wellness team, collaborates with Rogers Community Learning and Engagement to provide training and technical assistance for schools and districts implementing the Compassion Resilience Toolkit, a guide and resources for educators and facilitators to build the resilience capacity of educators, and the systems in which they serve.

- 120 participants from 34 schools, districts or organizations participated in 3 trainings of facilitators of the Compassion Resilience Toolkit.
- 38 trained facilitators participated in three Community of Practice meetings to continue their professional learning and share professional practice with colleagues across the state.

IMPLEMENTATION FEEDBACK

74% of participants reported they were likely or very likely to lead a Compassion Resilience group in their school or district.

DBT Steps-A in Schools

The WISH Center works to provide an introduction to the DBT (Dialectical Behavior Therapy) Steps-A curriculum along with implementation support for schools and districts using the curriculum.

- 150 educators participated in an overview of the DBT Steps-A curriculum, and 30 individuals took advantage of the six Community of Practice meetings.

Trauma Sensitive Schools

Individual Trauma Sensitive Schools (TSS) Leads from each CESA facilitate future TSS program support within the schools they serve.

- In partnership with the Wisconsin Department of Public Instruction (DPI) and CESAs, the WISH Center facilitated four CESA Lead Community of Practice sessions and two virtual learning events for schools related to Trauma Sensitive Schools practices. 254 educators attended these virtual learning events.

Social Emotional Learning

Between March of 2021 and June, 2022, 224 educators participated in the Social Emotional Learning Training of Trainers self-paced on-demand course developed by DPI and coordinated by the WISH Center.

- 173 individuals accessed a second self-paced on demand online course, Social Emotional Learning Team Implementation Training. These courses allow individuals and teams to access the training and resources for their use as they create implementation plans and provide professional development in their buildings.

Peer-to-Peer Suicide Prevention

64 public and private schools received ESSER Peer-to-Peer Grants (\$2,000-\$3,000) through the WISH Center to develop and implement a peer-to-peer suicide prevention program. The most common programs selected by schools and supported through grant funds were Sources of Strength, Hope Squad, and Teen Mental Health First Aid. The WISH Center supported 27 school and district grantees through three Community of Practice meetings.

School SBIRT Evaluation 2021-2022 Results

SBIRT is a well-established, evidence-based public health model used to address selected health behaviors within a population. Originally designed for delivery within healthcare, SBIRT is readily adaptable for delivery in middle and high schools by members of the pupil services team.

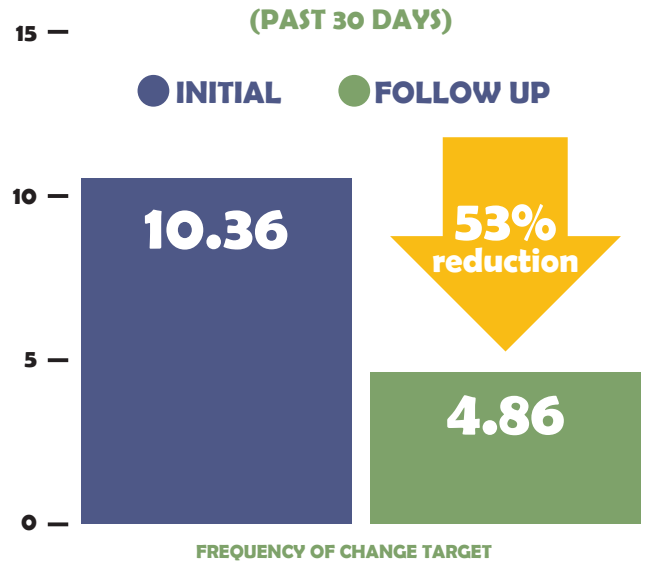
Twenty-eight Wisconsin Public School Districts (14 new and 14 returning schools) participated in the School SBIRT (Screening Brief Intervention Referral for Treatment) Project. Five virtual training sessions facilitated learning for new schools and a total of 97 practitioners. Sixty educators trained in SBIRT attended two Boosters and 199 participants attended Communities of Practice sessions were held to increase learning and implementation of the brief intervention.

Impact of School SBIRT

In 2021-2022, 254 students received SBIRT services delivered by 67 school staff. Students received an average of four Brief Intervention sessions. Two screening tools were used to measure change, the GAIN-SS and the Timeline Followback Calendar at the initial and final follow up meeting with the student. Student response to the Brief Intervention showed reductions in behavioral health symptoms and problem behavior from initial to follow up screening.



STUDENT TARGET BEHAVIOR CHANGE



Target behaviors were:

mental health (30%),
conduct problems (20%),
vaping (18%),
marijuana use (13%),
alcohol and other drug use (1%),
Other (18%)



23% of students were recommended for further services upon completion of the brief intervention.

Of these students, **64%** entered into additional recommended services.

Restorative Practices

The WISH Center provides effective training in Restorative Practices for schools and districts statewide, and partners with Restorative Practices Connections to support implementation of the practices through coaching, Communities of Practice and other professional learning opportunities.

Restorative Practices Implementation Supports

Coaching for implementation has been provided to 32 schools or districts through limited term ESSER funding through Restorative Practices Connections.

- 123 people participated in four quarterly Community of Practice sessions.
- 31 educators participated in two facilitated book studies
- Additional capacity was provided to 34 new Restorative Practices trainers through four Trainings of Trainers.

SEVEN RESTORATIVE PRACTICES FOR EDUCATORS TRAININGS

VIRTUALLY AND IN PERSON AT CESAS

SERVING 137 EDUCATORS

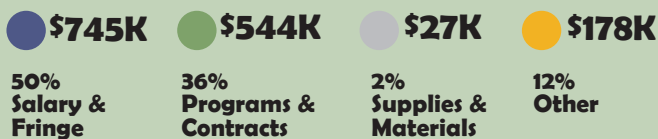
15 TRAININGS WERE COMPLETED AS DIRECT SERVICES IN SCHOOL DISTRICTS

REACHING
620
INDIVIDUALS

TRAINING FEEDBACK

“...The opportunity to experience a circle, to understand ways to implement, the opportunity to connect with colleagues, and the knowledge shared with us...”

2021-2022 Financials



WE VALUE
COMMUNICATION
COLLABORATION
GROWTH



www.wishschools.org

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