

# ANNUAL REPORT



2020-21

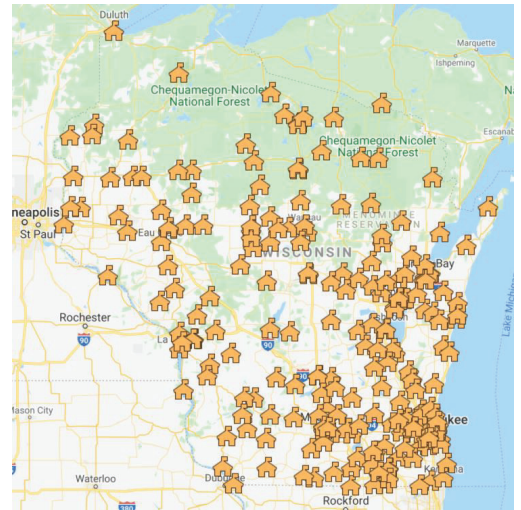


**Every Child Safe, Healthy and Connected**

## PROMOTING STUDENT AND EDUCATOR RESILIENCE

Our professional learning spans important areas of student and professional need.

- 1,048 participants attended WISH Center training events from 194 school districts and 37 organizations.
- 42 Youth Mental Health First Aid trainings were held for schools and communities throughout Wisconsin.
- 29 Schools participated in the continuing implementation of School SBIRT (Screening Brief Intervention Referral for Treatment).
- 61 School Districts participated in the Trauma Sensitive Schools project.
- Restorative Practices online training, coaching and community of practice sessions increased support to schools.
- Increased our capacity to provide suicide prevention and mental health trainings to school, through programs such as Sources of Strength, Youth Mental Health First Aid Training of Trainers, and teen Mental Health First Aid.
- Increased access for educators to foundational social emotional learning training material. In partnership with the DPI, SEL training transitioned to an online learning platform.



**194 school districts and 37 organizations participated in learning**  
**All trainings and coaching sessions moved to 100% virtual.**

Successfully shifted our annual *Building the Heart of Successful Schools* conference to 100% virtual format.



*“...all of the presentations seemed to be geared around SEL, trauma, mental health, etc. and were extremely applicable to my role as a school counselor.”*

**We are a reliable partner.**  
**We collaborate to strengthen practice.**  
**We build relationships.**

Offering training, technical assistance and support in:

- Emerging drug trends
- Addressing student alcohol, tobacco, and other drug use
- Relational bullying and cyber bullying
- Social media safety
- Mental health, especially support for student anxiety
- Supports for adults and students related to COVID
- Restorative Practices
- Anti-human trafficking
- Integrating SEL within school systems
- Engaging parents and families with social emotional learning, and
- Social emotional learning as a lever for equity

The Wisconsin Safe and Healthy Schools Training and Technical Assistance Center grows the capacity of educators to impact the well-being of every student.



## SPOTLIGHT ON TRAINING

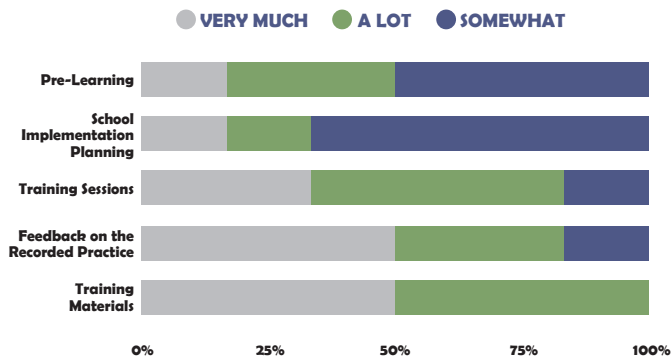
### School SBIRT: Screening, Brief Intervention and Referral to Treatment

SBIRT is a well-established, evidence-based public health model used to address selected health behaviors within a population. Originally designed for delivery within healthcare, SBIRT is readily adaptable for delivery in middle and high schools by members of the pupil services team.

The WISH Center provided ongoing support to 29 Schools trained in 2019-2020. All 29 schools participated in the continuing implementation of School SBIRT during the 2020-21 school year.

- Piloted an online hybrid training course
- Provided two booster training sessions
- Led two communities of practice

### SCHOOL SBIRT: USEFULNESS OF TRAINING COMPONENTS



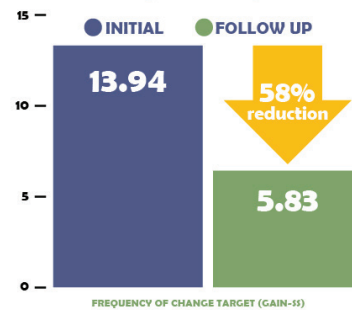
**35%** of students were recommended for further services upon completion of the brief intervention.

Of these students, **63%** entered into additional recommended services.

### Impact of School SBIRT

In 2020-2021, 171 students received SBIRT services delivered by 36 school staff. Students received an average of 3.9 Brief Intervention sessions. Two screening tools were used to measure change, the GAIN-SS and the Timeline Followback Calendar at the initial and final follow up meeting with the student. Student response to the Brief Intervention showed statistically significant and clinically meaningful reductions in behavioral health symptoms and problem behavior from initial to follow up screening.

### STUDENT TARGET BEHAVIOR CHANGE (PAST 30 DAYS)



### Target behaviors were:

mental health (35%),  
marijuana use (19%),  
vaping (13%),  
conduct problems (9%),  
alcohol and other drug use (6%),  
Other (17%)

## A LOOK TOWARD THE FUTURE

### Strategic Planning 2021-22

In order to proactively evolve its mission in service of the needs of educators across the state, the WISH Center is engaging in active strategic planning, in consultation with Coordinated Care Services, Inc.

Reflection on data and feedback from stakeholders and partners reveals important emerging priorities. The WISH Center is called to meet the increasingly diverse and critical mental health and equity needs faced by educators, and has a plan to grow over the course of the next three years.

Some of our objectives include:

- Embed equity, diversity, inclusion and accessibility as a daily aspect of organizational growth
- Include greater depth of customer feedback and broader diversity of customer and partner voice
- Communicate alignment of training and services using a learning map of options
- Improve organizational systems and procedures to accommodate virtual, in person, statewide and in-district work
- Use measures of customer experience and professional reflection to improve practice
- Define budget/contract timelines to streamline available funding for projects

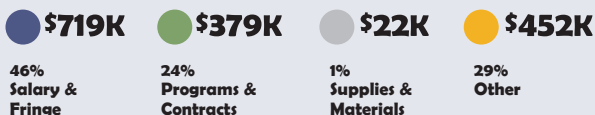
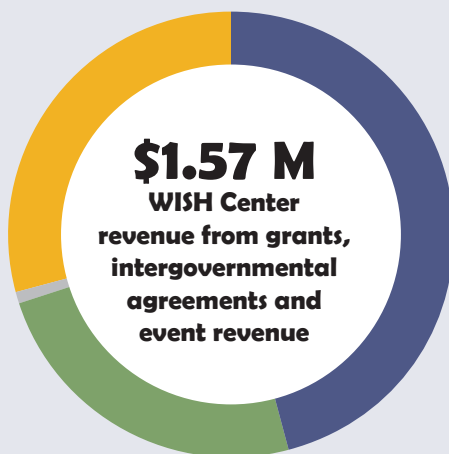
## SERVICE THROUGH PARTNERSHIPS

Through its collaborative partnerships, the WISH Center develops the capacity of educators to move to their next level, empowering schools to grow through ongoing quality professional learning.

- Wisconsin DPI - Student Services/ Prevention & Wellness
- CESA Statewide Network
- Wisconsin Rtl Center
- Wisconsin Department of Justice- Office of School Safety
- Coalition for Advancing School-Based Mental Health
- Wisconsin Department of Health Services
- Rogers InHealth
- GSAFE



## 2020-2021 FINANCIALS



**WE VALUE**  
**COMMUNICATION**  
**COLLABORATION**  
**GROWTH**



[www.wishschools.org](http://www.wishschools.org)