

Swallow Strong
Make it a great day...
The Swallow Way.





Presenters

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1. About Swallow School

Who are we?



Swallow School

- x 4K-8th-Grade single building school district
- x 457 students
- x Arrowhead High School feeder district
- x Strong and connected community



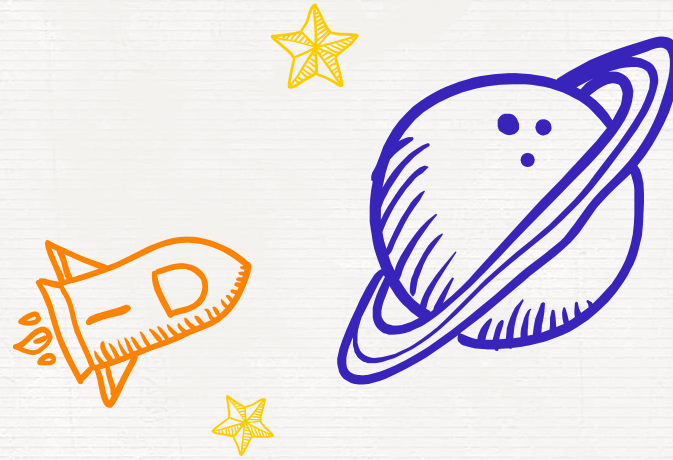


What are some reasons why you
care about promoting SEL in
your school/community?

Swallow School- The Beginning

- PBIS Committee - “The Swallow Way”
- Staff began to see an increase of severe student concerns at the middle school level, and rising concerns at the elementary level.
- Swallow Strong Committee formed~committee consisting of administrators, teachers, and specialists who are **working together to improve the social and emotional health of our staff and students** through *communication and education* of staff, parents, and students.





Our Plan

How can we teach Character Education in an authentic, relatable way?



Building our SEL Toolbox

- ✘ Articles & Research
- ✘ Team attended Love and Logic presentation, SEL conferences
- ✘ Reached out to local mental health professionals
- ✘ Sought student input

PD time devoted to conversations with staff- they are a valuable resource!

Sought input from staff:

- ✘ Problems
- ✘ Actions to address the problem
- ✘ What do we need as a community to take action



Common Themes from staff & students

- Our students are focused on the outcome versus the process
- Failure is attached to self-worth and image
- Self-worth is driven by academic and athletic success
- Inconsistent motivation (grit, perseverance)
- Mindset, fixed vs. growth
- Integrity & ownership
- Hesitant to take action to problem solve





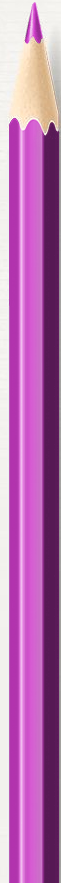
Plan Implementation Round #1



Staff	Students	Parents
<p>Increased Daily Focus</p> <p>SST Process</p> <p>Staff PD - PBIS and GALS</p> <p>Staff Wellness Options</p>	<p>Friday Early Release Times - Super SOAR</p> <p>Assemblies (Compassion, Honesty, Respect, ?)</p> <p>Second Step</p> <p>Student Surveys</p> <p>Updated CLL Link</p>	<p>SEF Parent Nights - Screenagers, Family Tech Plans</p> <p>Parent/Principal Chats</p> <p>Thursday Folder Articles</p> <p>Detective presentation on Internet Safety</p>



Plan Implementation Round #2



Staff	Students	Parents
<p>Continued PD for staff</p> <p>Staff survey for SEL</p> <p>Teachers grow SEL discussions at weekly PLC meetings</p> <p>Focus on mindfulness</p>	<p>Nursing Home Collaboration for</p> <p>Middle School students teach character focused lessons to younger students.</p> <p>Student Survey-used as check-in for student/teacher connections</p> <p>Focus on mindfulness</p>	<p>Parent Principal Chats</p> <p>Parent Info Nights with GALS</p> <p>Book Club</p> <p>Article of the Month Discussion</p> <p>SEL info/tips in weekly communication</p>



Student Survey Info

Step 1:

All students in grades 3-8 were asked to fill out a survey via Google Forms to indicate how he/she is doing and if they feel connected to an adult within our school.

Step 2:

Evaluate responses in PLC groups then discuss as a staff. Identify students who lack connection and work to build it. See summary sheet [HERE](#).

Step 3:

Tiered supports identified (see next slide)

Tiered Supports

Universal Supports

- Second Step Curriculum
- Swallow Strong Fridays
- Communication for Families - Thursday Folders, Newsletters, Parent Nights
- Ongoing Staff PD

Tier 2

- SST Process - [Nomination Form](#) and [SST Action Plan](#)
- Individual/Group Interventions - SOAR
- Co-planning Systems - Student, Family, Community

Tier 3

- Intensive Interventions
- Collaboration/Communication with Health Services
- Staff Support Teams
- Safety and Reentry Plans



Our regular conversations have allowed us to have more meaningful, open conversations with families and students about the importance of SEL in school.



Strategies to connect with parents

- Have regular discussions with students and parents regarding SEL topics. This helps uncomfortable topics become more normal and acceptable. This was a huge job for us, and to some extent, continues to be.
- Partnership with outside organization(s) who support students and families through therapy, counseling.
- Book study and article review events. This allowed for discussions about SEL and growth mindset strategies.
- Parent showing of Screenagers, followed by student showing the next day.
- Waukesha County Internet Safety detective presentation, followed by Q & A with parents.
- We must break the stigma of social emotional and mental health issues. It's OK to talk about it and seek help when needed.



Resources



Resources for sharing

- Book: *The Gift of Failure*, by Jessica Lahey
- *The Energy Bus for Kids*, by Jon Gordon
 - [Read Aloud by Jon Gordon](#)
- ✗ *The Five Love Languages of Children*, by Gary Chapman
- ✗ *The Price of Privilege*, by Madeline Levine
- ✗ *The Positive Dog*, by Jon Gordon





Thanks!

Any questions?

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