

Application Now Available! Due Sept. 24

School SBIRT Cohort Project for 2025-2026 Screening, Brief Intervention and Referral to Treatment

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based approach for addressing student behavioral health concerns, like substance use, mental health, and vaping. It fits into existing school mental health systems, promotes student engagement, and uses Motivational Interviewing techniques to guide conversations. SBIRT is readily adapted for delivery in middle and high school settings.



Here's how to get ready to apply:

- Make sure School SBIRT is a good fit for your school district.
 - View the What is School SBIRT? Video
 - View the <u>How to Implement</u> Video
- New this year One application per school district, can include multiple schools.
- Identify a SBIRT Implementation Team, including a Team Lead, Practitioners, and an Administrator.
- Discuss how using SBIRT to address student needs fits with existing priorities or initiatives (MLSS, Comprehensive School Mental Health Framework, or other).
- Preview the application here (PDF). Application will take 30-60 minutes.

Participating school districts can explore extra support options for vaping prevention

— check the application for more details!

"Students have said that they don't feel "judged" or "pushed" but feel like we are really interested in helping them be successful and meet a goal of their choosing without judging."

TO PARTICIPATE:

- Submit Application by September 24, 2025
- Attend 2 day training or booster in Fall of 2025
- · Deliver SBIRT & collect data
- Join Community of Practice Sessions to receive implementation support & continue learning
- **(\$)** Stipend Available: \$2,000 \$4,000





APPLY HERE



School SBIRT Project 2025-2026 Upcoming Key Dates



These dates are shared in advance to help School SBIRT teams plan ahead if accepted into the 2025–2026 project. Registration links and session details will be emailed in early October following project acceptance.

New to SBIRT? Hold the dates for SBIRT Training [2 days, In-Person, Pick One Session]

- October 21 & November 10, 2025 at CESA 10, Chippewa Falls (training 8:30am-3pm)
- October 27 & November 24, 2025 at CESA 1, Pewaukee (training 8:30am-3pm)
- October 29 & November 17, 2025 at CESA 6, Oshkosh (training 8:30am-3pm)
- November 3 & December 2, 2025 at CESA 2, Whitewater (training 8:30am-3pm)

Previously trained in SBIRT? Hold the date for a Booster Session [Zoom, Pick One Session]

- November 4, 2025 (Zoom), 9am-11am OR
- November 5, 2025 (Zoom), 9am-11am

All team members - Hold the dates for the Community of Practice (COP) [Zoom]

Plan to attend one session in January and one session in March:

- January 13, 2026, 9:00-10:30am **OR** January 14, 2026, 9:00-10:30am
- March 13, 2026, 9:00-10:30am OR March 18, 2026, 9:00-10:30am

SBIRT Team Leads - Hold the dates for Lead Orientation & EOY Community of Practice

SBIRT Team Leads attend a Lead Orientation in the fall (New this year) and an end of year community of practice session in the late spring. *Leads register for both sessions.*

- October 9, 2025 (Zoom) 9-9:30am SBIRT Leads Orientation + Q&A
- May 5, 2026 (Zoom) 9:00-10:30am SBIRT Leads End of Year Community of Practice

Applying for the SBIRT Vaping Cohort?

Additional sessions may be added based on application feedback and team needs.

- **✓** School SBIRT Teams should plan to register for the same session.
- \checkmark No cost to participate. Note: Registration is limited to school districts accepted into the project.



