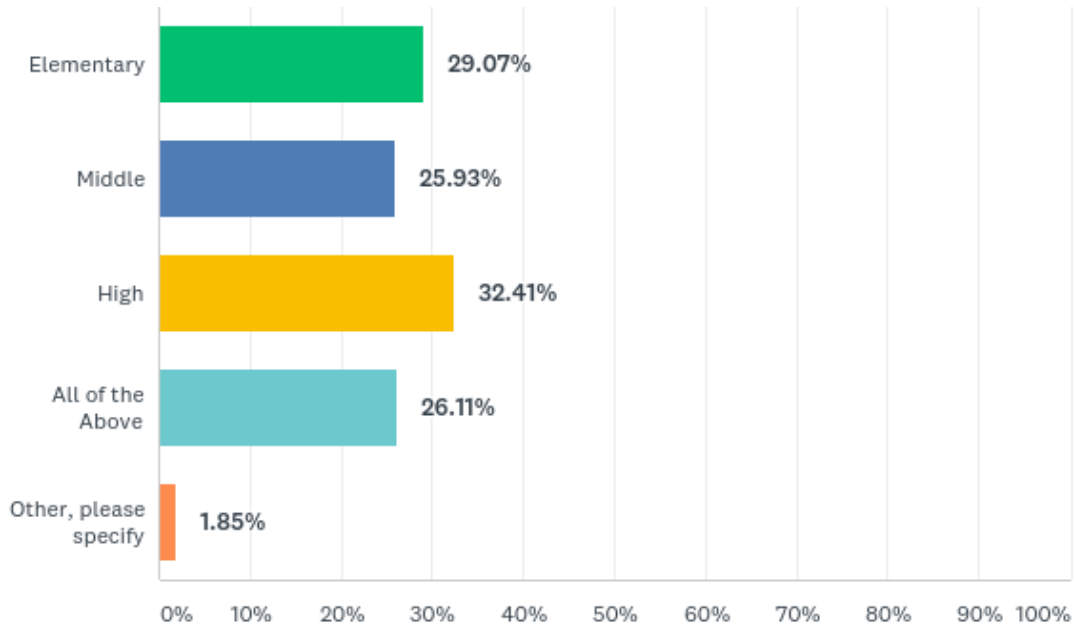


## WISH Center Needs Assessment 2018 Results

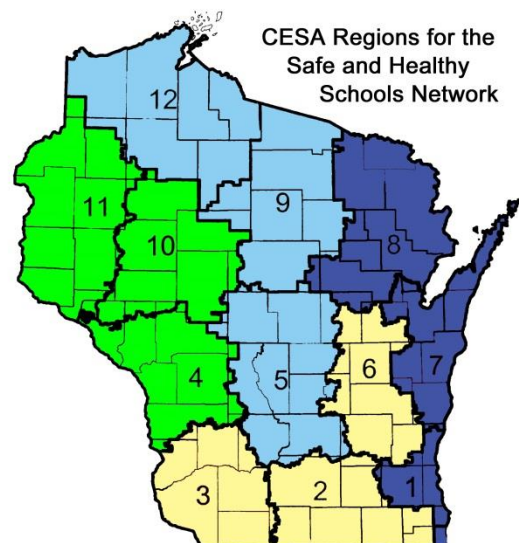
### Methodology and Demographics

Professional development needs for school health and safety were assessed using an online survey conducted from March 1-30, 2018. The survey link was emailed out by the WISH Center director in a newsletter as well as by the DPI and Regional Coordinators to local school district email lists. We received 540 responses from educators throughout Wisconsin. Similar assessments were conducted in 2012-2017.



### By CESA Region

CESA Region	Percent	Count
CESA #1	12%	67
CESA #2	7%	37
CESA #3	15%	80
CESA #4	7%	38
CESA #5	10%	55
CESA #6	8%	43
CESA #7	10%	54
CESA #8	3%	18
CESA #9	13%	69
CESA #10	10%	54
CESA #11	2%	9
CESA #12	2%	12
Don't Know	1%	6
Total		540



### Top Needs Overall, 2015-2018

2018 Rank	Topic	2018	2017	2016	2015
1 ↑	Helping Students with Mental Health Issues	72%	68%	70%	70%
2 ↑	Internet Safety	70%	62%	61%	60%
3	Social Emotional Learning Competencies	68%	68%	N/A	N/A
4	Emerging Drug Trends	64%	64%	58%	65%
5	Mindfulness Practices for Students & Staff	60%	61%	62%	53%
6	Cyberbullying	54%	56%	55%	59%
7	Trauma Sensitive Schools	51%	51%	48%	40%
8	Relational Bullying	49%	48%	50%	50%
9	How to Assist Students with AODA Issues	47%	46%	48%	48%
10 ↑	Mental Health Screening Tools	46%	38%	41%	44%
11 ↑	PREPaRE Workshop 2 Roles of MH Professionals in Crisis Intervention & Recovery	44%	32%	54%	55%
12 ↓	Restorative Practices/Circle Conferencing	44%	49%	40%	33%

Overall top needs changed slightly from the previous years. Helping Students with Mental Health Issues was identified as the top need. This was the second year we asked about SEL and it moved from the top need in 2017 to third. Emerging Drug Trends, Mindfulness Practices for Students & Staff, Cyberbullying, Trauma Sensitive Schools, Relational Bullying, and How to Assist Students with AODA Issues remained in the top needs identified. Mental Health Screening Tools and PREPaRE 2 moved up slightly from 2017. The top 10 remains relatively stable when you look at the results by CESA Region.

**Detailed Results By Topic Area-Please check training topics that you would attend.**

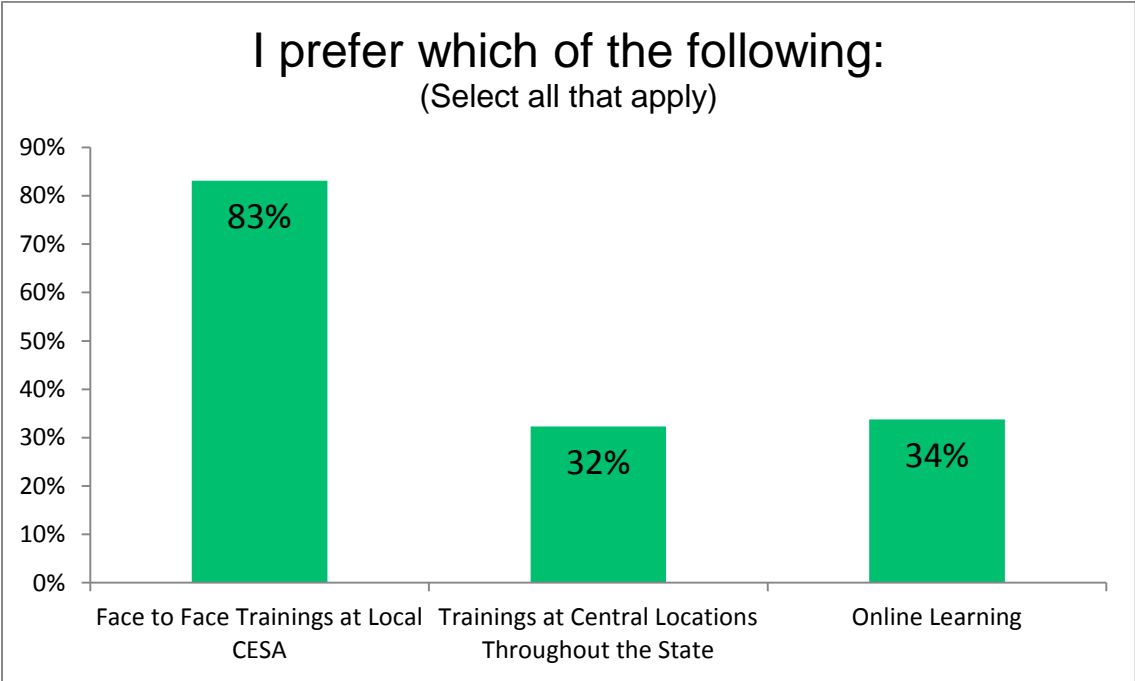
<b>ATOD</b>	<b>Please check training topics that you would attend.</b>	
1	Emerging Drug Trends	64%
2	How to Assist Students with Alcohol and Other Drug Issues	47%
3	Screening, Brief Intervention, Referral to Treatment (SBIRT)/Motivational Interviewing	42%
4	Prescription Drug Abuse Prevention	35%
5	Marijuana Prevention/Education	26%
6	Other Tobacco Products/E-cigarette Prevention	25%
7	Policy Review & Updates (ATOD Violations, Discipline, Sanctions, etc.)	24%
8	Alcohol and Other Drug Basics/Training	24%
9	Specific Curriculum Training	7%

<b>Bullying</b>	<b>Please check training topics that you would attend.</b>	
1	Internet Safety (Sexting, Social Media Trends, etc.)	70%
2	Cyberbullying	54%
3	Relational Bullying	49%
4	Bullying/Cyberbullying Policy Review & Updates	43%
5	Bullying Resources/Policy	40%

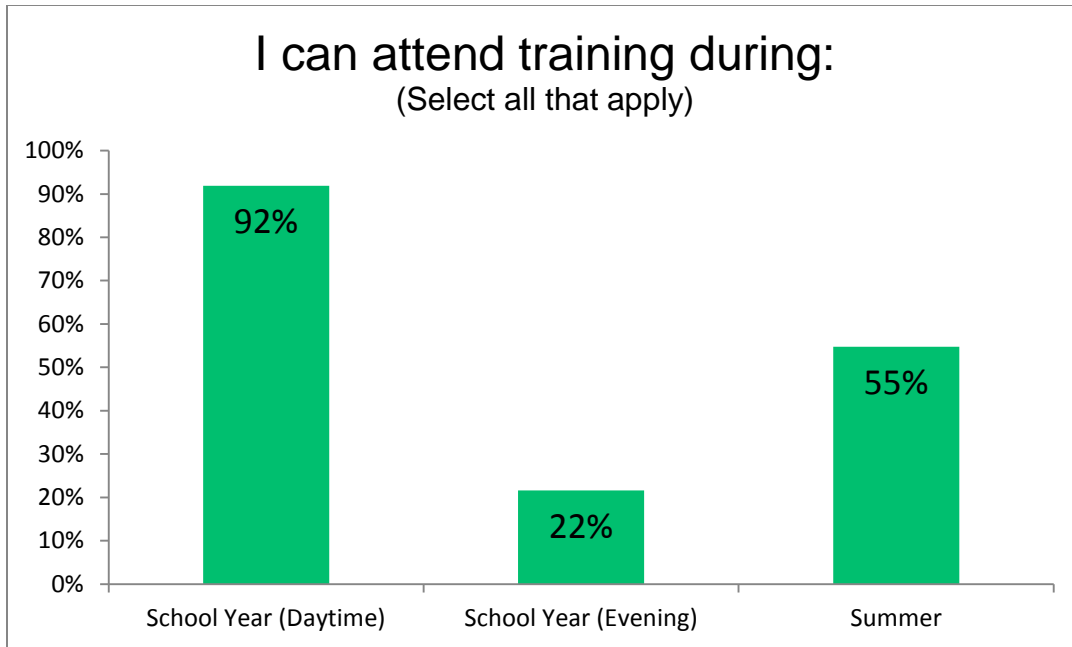
<b>Mental Health</b>	<b>Please check training topics that you would attend.</b>	
1	Helping Students with Mental Health Issues	72%
2	Mindfulness Practices for Students & Staff	60%
3	Trauma Sensitive (Informed) Schools	51%
4	Screening Tools	46% ↑
5	Suicide Prevention Strategies	40% ↑
6	Preventing Staff/Caregiver Burnout/Compassion Fatigue	39% ↑
7	Youth Mental Health First Aid Training	38% ↓
8	Grief and Loss	37%
9	Treatment Providers in Schools	36% ↑
10	Policies Relating to Mental Health in Schools	35% ↑
11	Compassion Resiliency Toolkit for Educators-Self Care & Peer Support	34%
12	Honest Open Proud: To Eliminate the Stigma of Mental Illness	33%
13	Screening, Brief Intervention, Referral to Treatment (SBIRT)/Motivational Interviewing	32%
14	DPI's Mental Health Framework	31%
15	Gatekeeper Training (QPR, etc.)	15%

School Climate & Safety	Please check training topics that you would attend.	
1	Social Emotional Learning Competencies	68%
2	PREPaRE-Workshop 2: Roles of Mental Health Professionals in Crisis Intervention & Recovery	44%
3	Restorative Practices/Circle Conferencing	44%
4	Threat Assessment	41%
5	PREPaRE-Workshop 1: Comprehensive School Safety Planning	38%

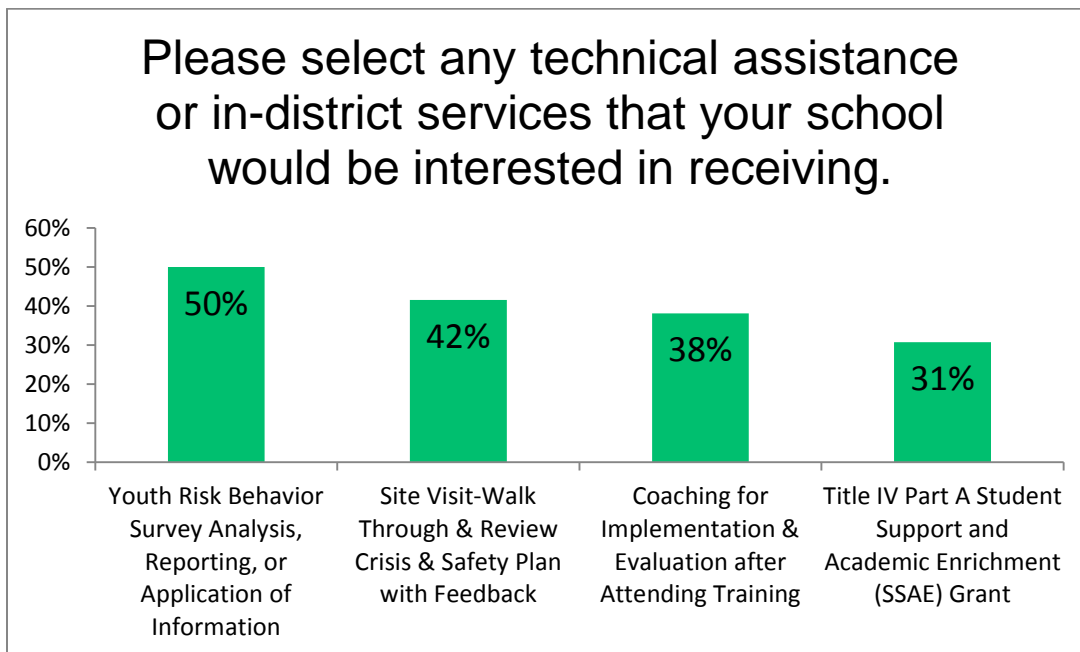
**Training Logistics & Technical Assistance**



Most participants report they want to access training at their local CESA (83%) during the school year (92%). The number of people reporting they would attend online training decreased from 40% in 2017 to 32% in 2018.

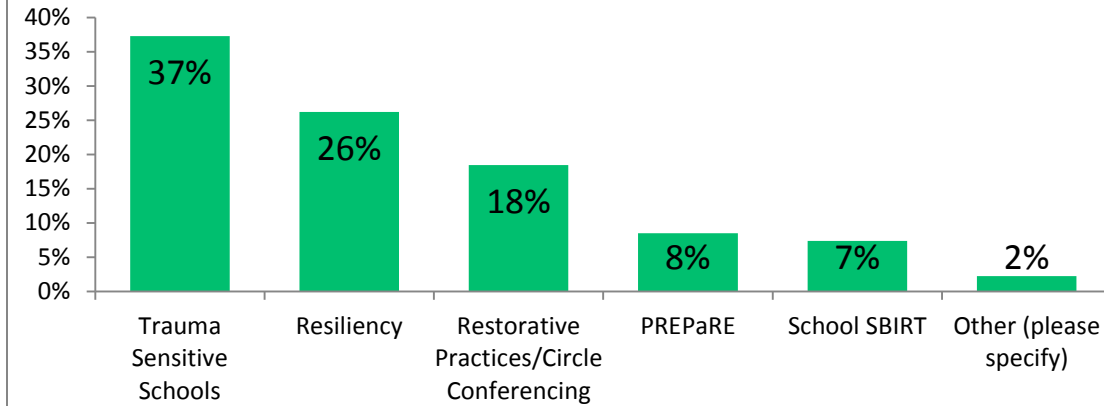


Most people reported they can attend training during the school year in the day time. The number of people reporting they can attend summer training remains the same as 2017 at 55%.



When asked what technical assistance they need, 50% (130 participants) reported needed help with Youth Risk Behavior Survey analysis, reporting, or application of information, 42% (108) reported they would be interested in a site visit-school safety walk through and review of their crisis and safety plan, 38% (99) reported needing coaching for implementation and evaluation after training, and 31% (80) requested assistance with Title IV Part A Student Support and Academic Enrichment (SSAE) Grant.

**If you are interested in technical assistance/coaching for implementation after training, which topic/training is needed?**



As the WISH Center grows its capacity, we are investigating how to support schools in implementation after training. 271 people responded they were interested in technical assistance/coaching for implementation on a variety of topics displayed in the above chart.

**Other Topics Mentioned:**

Mental Health and Autism; changes in legislation related to Mental Health/AODA services for kids
Functional behavior assessment
Administrative questioning techniques anti bullying campaigns (research based)
PBIS
Social Emotional Learning in schools. Stress and Anxiety in students
Mental Health issues with Special Education Students
Managing the data that we need to track our stats for these issues. We use Infinite Campus.
Brain research/development and therapy
Trauma Sensitive Schools for Administrators
Tier 2 or tier 3 behavioral interventions
Mindfulness in schools
The New Wisconsin School Counseling Model and Practices
Immigration info/training to better work with undocumented students and families. Cultural Competence training
ACP shareshops with other districts
Mindfulness
How to make sure schools are following Title IX and educating students about their Federal

Civil Right to be free from sexual harassment in their school
AODA issues
Role definition and collaboration efforts within Pupil Services teams (School Psychs, Social Worker, School Counselors)
How to consistently roll out multiple initiatives at once with fidelity and collaboration. What is the priority to provide sanity to school staff!!! How to develop the structural supports to adequately serve students (and staff--as a student services professional).
Mental Health
Bridging a connection between pupil services (school counselor and psychologists) and teachers.
Elementary counseling curriculum Using data in elementary counseling
DBT
Community partnerships: 1. for academic mentoring 2. medical and dental 3. food programs for students
Resiliency skills for students
Curriculum sharing among elementary school counselors
Student leadership training
I would like to see trainings on self-regulation, CBT and working with students whose parents/caregivers are using drugs or alcohol.
I checked it earlier, but practical mindfulness for staff and how to implement with students in middle school. :)
Active Shooter
Human trafficking
Training for a Behavior Coach
Physical Education Standards Based teaching/grading/assessments
Helping undocumented students and their families with day care funding, driver's license, citizenship, etc. ; Sex trafficking prevention; New drugs or methods of taking- powdered alcohol? alcohol candy
Title 1 Supports: Remediation Plus, Dreambox, etc.
Training for health teachers. Many of these programs are offered to our guidance staff but not teachers
Growth mindset in the classroom and different activities to coincide with it
Strategies for working with children with emotional struggles. Anger, trouble expressing emotions, shut-downs, etc.... Career lesson ideas/curriculum for elementary schools.
Restorative Practices or SBIRT

**Other Information Shared:**

It seems that a lot of providers have good ideas, training, and motivation, but the systematic/policy piece is preventing them from using their skills. Continued training in impacting district stakeholders and systems so that policies and funding support the implementation of services is important.
If we can't screen all students because it would create a liability to provide care, what can we do at a tier 1 level when we know many students have experienced (or are experiencing) trauma and/or mental illness?
List of regional presenters who can come to schools at a reasonable price to address all students on current issues that impact their personal well-being.
I am a long term substitute school social worker so my interests may not coincide with the regular school social worker's needs and interests.
I think our region does a great job offering opportunities for professional development and trending issues. Thank you for always being on top of things!!
Spring is a hard time to be away with all of the other things happening; so maybe late fall trainings.
Applying and receiving grants to help students who suffer from Trauma, mental health, and families with drug addiction.
It's very difficult to leave school for any trainings anymore. There is never time to implement anything new or to follow through with any strategies learned at trainings.
All school staff trainings
Funding for these is getting prohibitive. Ideas for funding?
Thank you for all you do and for being such a great resource.
Getting away from the buzzword Bully and towards Upstander and other words that empower the "victim"
Administrators need training on the role of school counselors.
We'd love some resources for staff inservices regarding mental health topics.
With the new SEL standards, crosswalks with common/typical programs like Protecting You, Protecting Me, Second Step, Junior Achievement, and others would be helpful. Similarly, a guide to completing an AODA-HG&D-SEL program Evaluation.

For more information on the Wisconsin Safe & Healthy Schools Center survey results, please contact, Tracy Herlitzke, the Center Director at [therlitzke@cesa4.org](mailto:therlitzke@cesa4.org).