

REACHING TEENS

You can explore “Reaching Teens” on fosteringresilience.com. But, in briefest terms:

Reaching Teens is:

- A comprehensive toolkit that allows youth-serving professionals to **APPLY** the principles found in three theoretical frameworks:
 - Positive Youth Development
 - Resilience
 - Trauma-Informed Care
- Evidence-informed and theoretically-driven
- Infused with diverse expert multidisciplinary experience and the views of youth from many cultural and socio-demographic backgrounds.
- A multimedia tool kit that uses written chapters, over 450 videos, and group learning discussion processes to reinforce learning.
- A toolkit that prepares youth-serving professionals to use strength-based communication strategies to facilitate positive behavioral change processes.
- A toolkit that prepares youth serving professionals to address a variety of behavioral risks and mental health issues from a strength-based perspective.
- A continuing education product that has been approved for up to 4 years of credit by the national organizations representing;
 - Social workers
 - Counselors
 - Nurses
 - Physicians
 - Physician Assistants
 - Health Educators