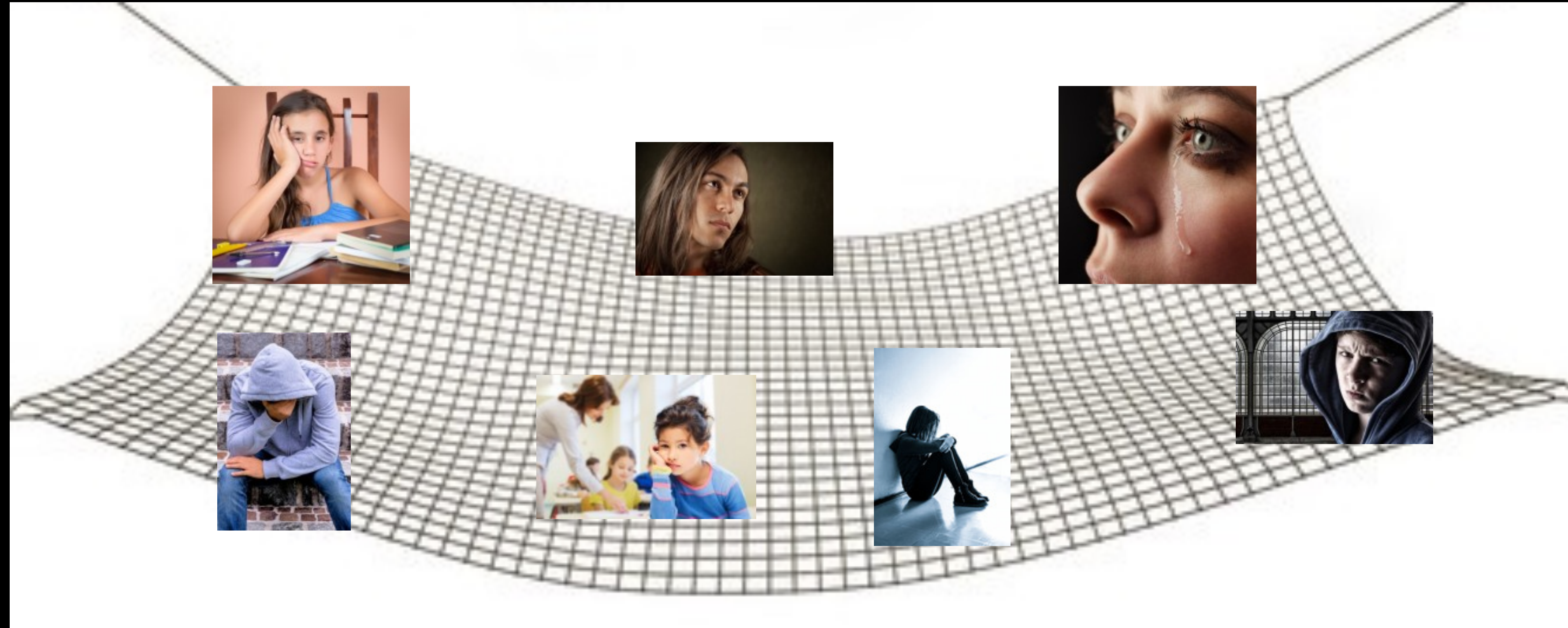


# Catching Kids Before They Fall





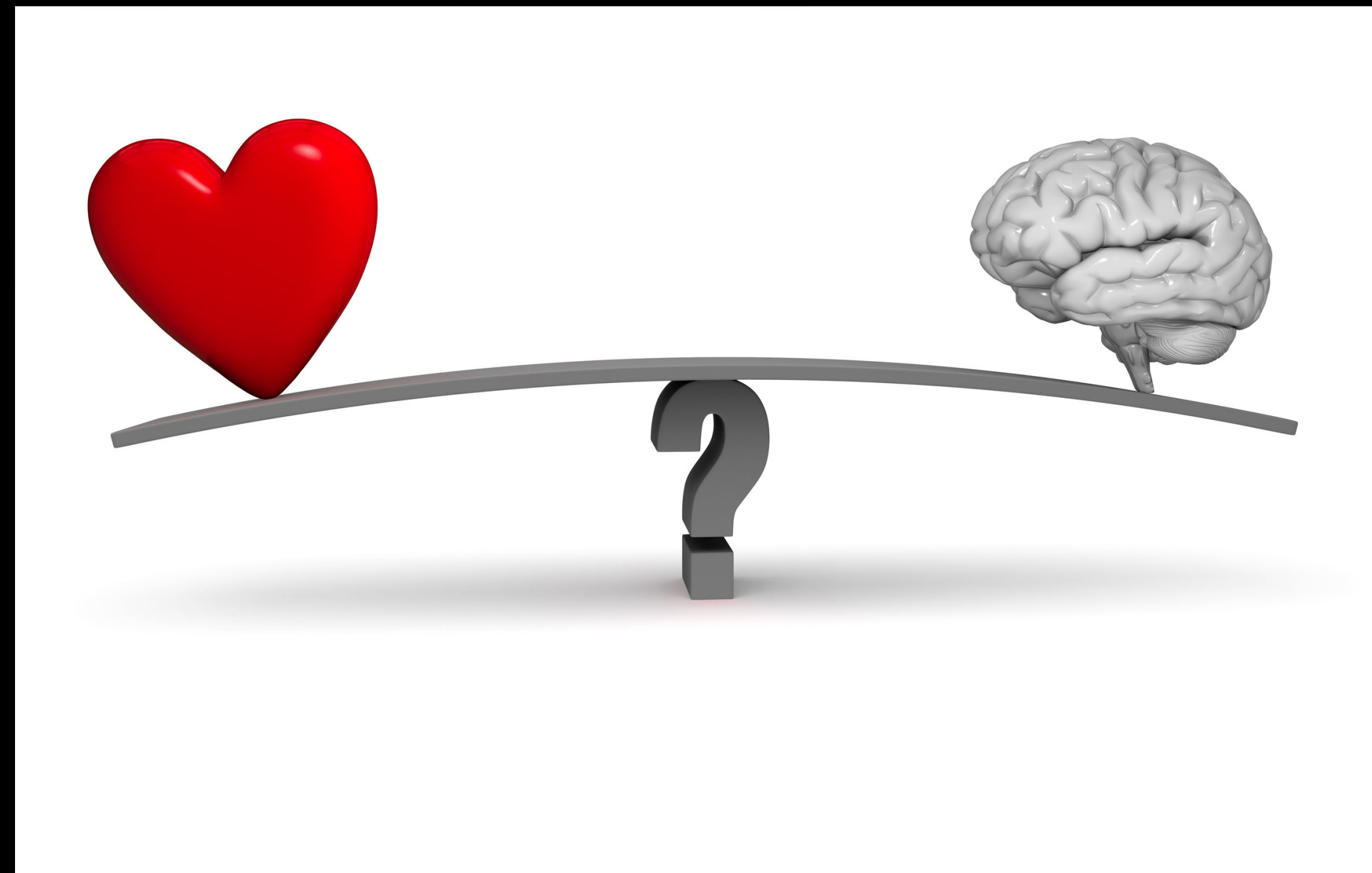


# Tiny Ripples of Hope Build a Current

Kris Jenkins

“To create the change we want to see in our students, and ourselves... we must first go through the heart to reach the head”

Dr. Ken Ginsberg





Zero Tolerance



?





"The more healthy relationships a child has, the more likely he will be to recover from trauma and thrive. Relationships are the agents of change and the most powerful therapy is human love."

-Dr. Bruce Perry

Caring Adult



Models



Hope





# How do you define accountability...what outcomes do you want to see?



“me against you”

“me with you”

# Trauma Responsive...



It's not a checklist...  
we don't do trauma

It's not just for the  
"trauma kids"

It does not let kids  
off for their behavior

It's not a weak approach

Trauma Responsive is  
who I am as a person

Its Best Practice... for  
all students

It holds students at a higher  
level of accountability

This is the foundation for developing  
caring adult relationships... that  
bring hope, healing, and resilience



What we know to be true...

# “Toxic Stress” and its Relationship to Learning

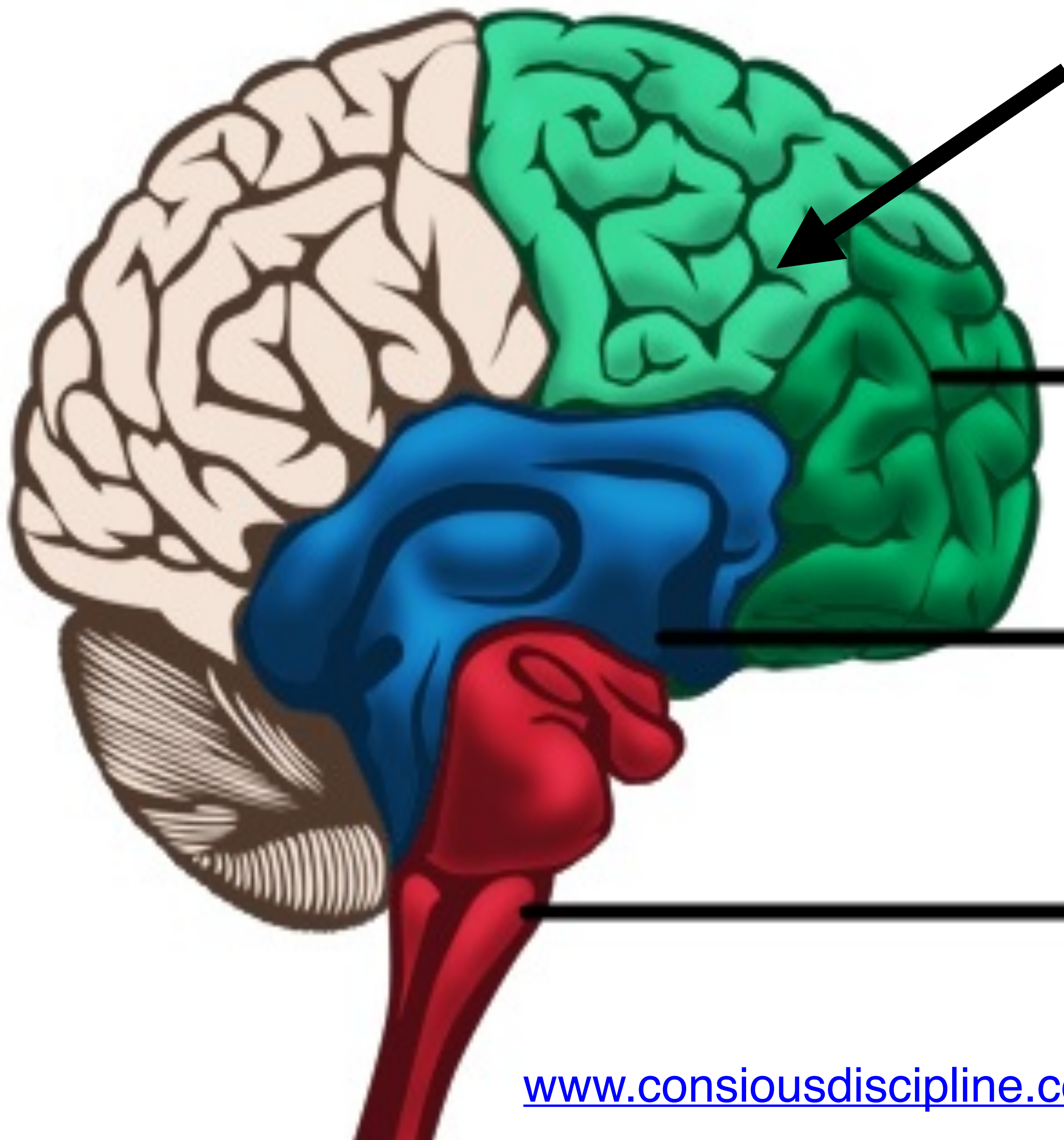


Toxic stress is trauma on steroids within the child’s caregiving system. It is “the experience of multiple prolonged developmental abuse.”









# Healthy Brain - Top down control

**Executive State**

**Problem Solving**

**Emotional State**

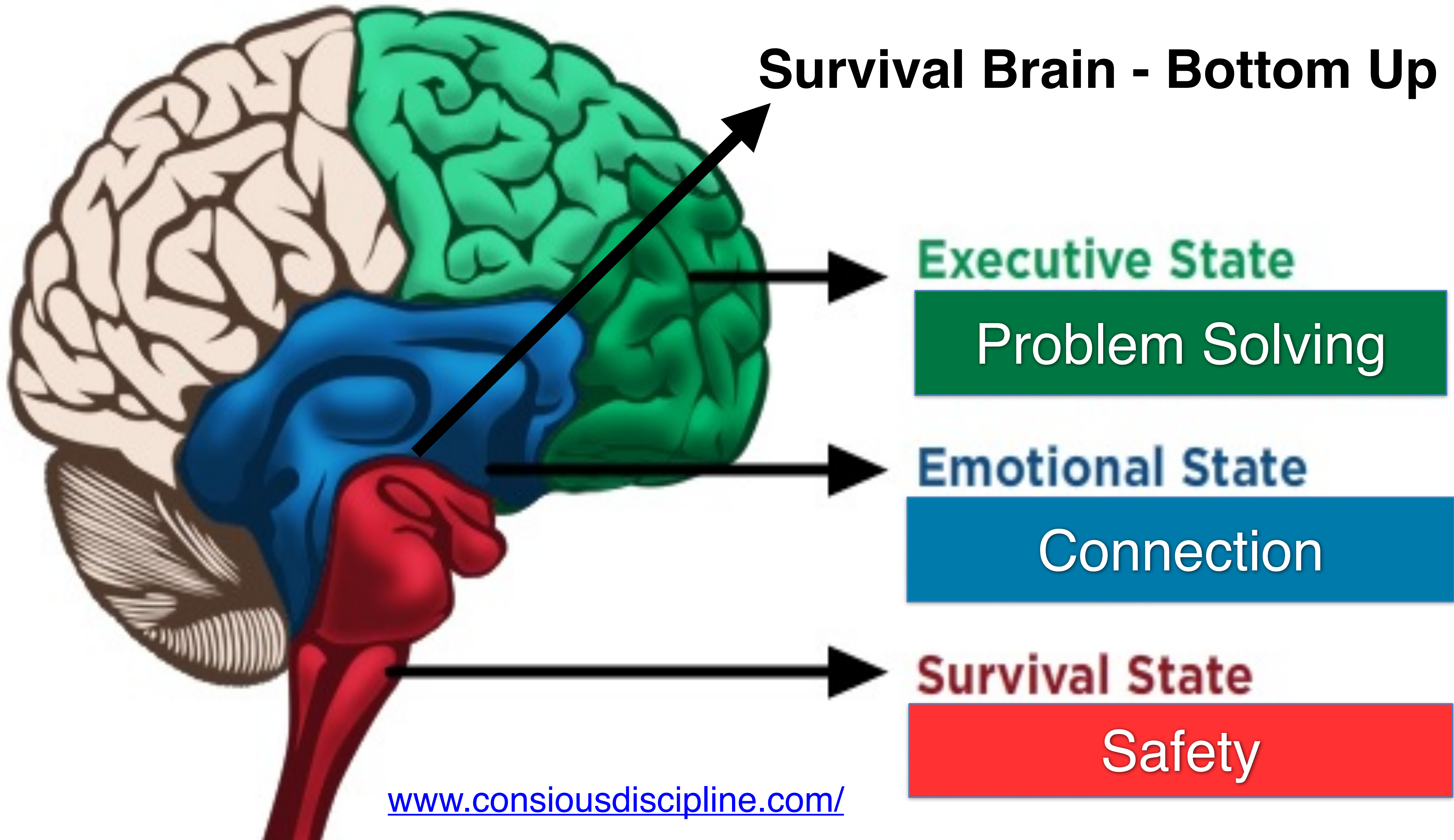
**Connection**

**Survival State**

**Safety**



# Survival Brain - Bottom Up











**I'm going through a tough time right now. Sometimes I just want to be left alone. But if you know me and you're in my life, please don't give up on me. I need you the most right now.**

# Beliefs that inhibit academic performance...

Fight

Fear of Failure

Shame

Avoids embarrassment

Stupid

70,000 negative self-talk per day

Defiance

Survival

Consequence

to avoid failing

Labeled

Judged



# Adverse Childhood Experience's (ACEs)



A hand no one  
should have to hold!

# Maltreatment/neglect ACEs



# Family Environment/ACEs





# What are the 10 Adverse Childhood Experiences?

1. Child Physical Neglect

2. Child Physical Abuse

3. Child Emotional Abuse

4. Child Emotional Neglect

5. Child Sexual Abuse

6. Witnessing Domestic Violence against the mother

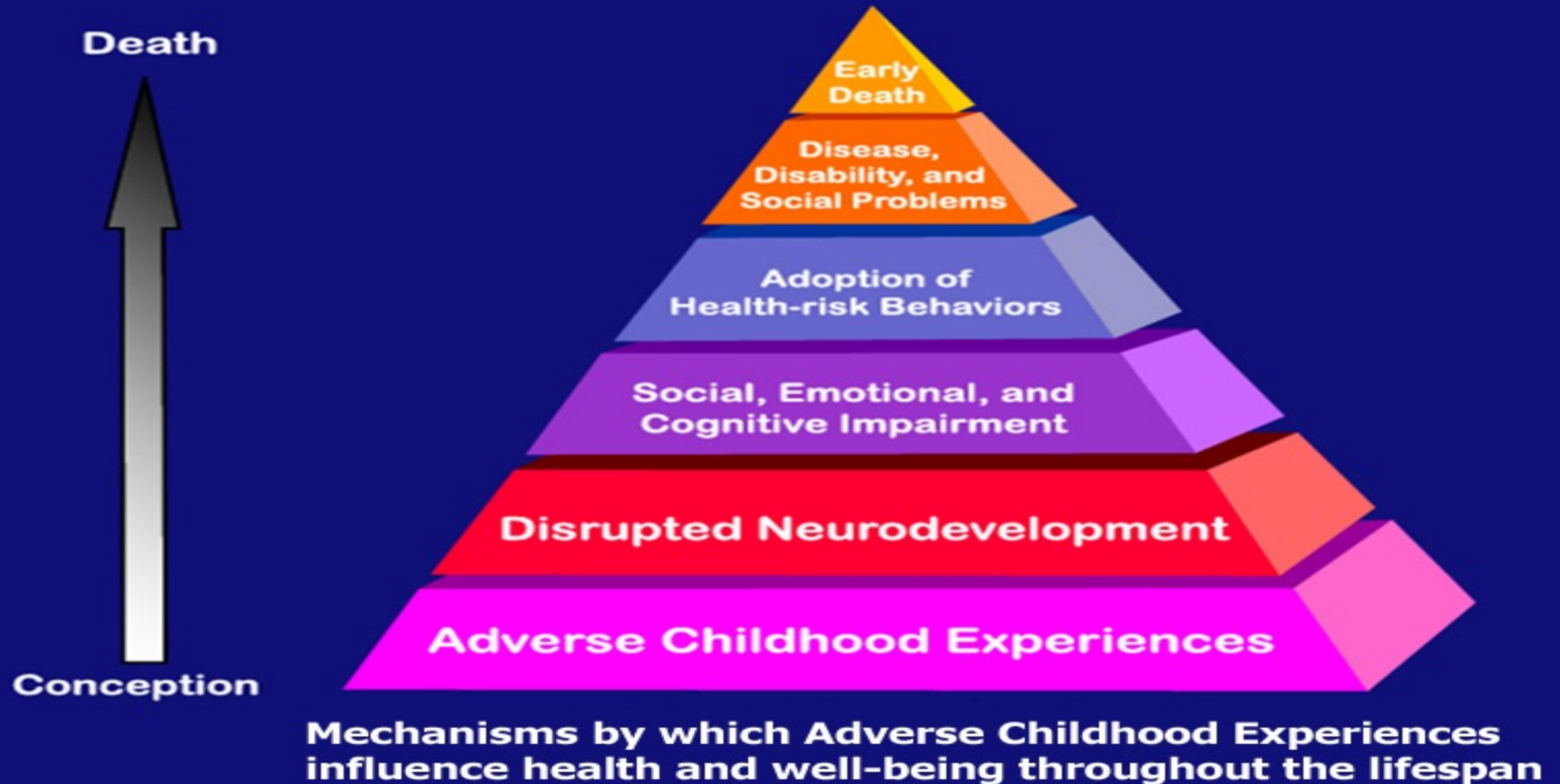
7. Loss of a Parent to Death or Abandonment

8. Mentally ill, Depressed, or Suicidal Family Member

9. Incarceration of a Family Member

10. Drug Addicted or Alcoholic Family Member

# ACE Study Pyramid





# Lincoln High School Walla Walla, Washington



Implemented a Trauma-informed Model  
2010-2011

# Dr. John Medina, author of Brain Rules

## Toxic stress

It is out of the student's control



Brain is overwhelmed with  
“Cortisol”

Fight-Flight-Freeze

The brain cannot physiologically take  
in new knowledge or problem-solve.



# Letting go... and embracing a trauma-informed approach

Trauma-informed  
Approach



~~Traditional~~ Approach



Willing to be vulnerable... brought unexpected outcomes

Step out of  
your comfort  
zone!





New Approach

Trauma Lens

“We went from reacting  
and telling”

to

“Asking and responding?”



Student's healing  
will be found in the  
moments their  
voice is being heard  
and validated...



begins the process  
to start changing  
their belief  
system...

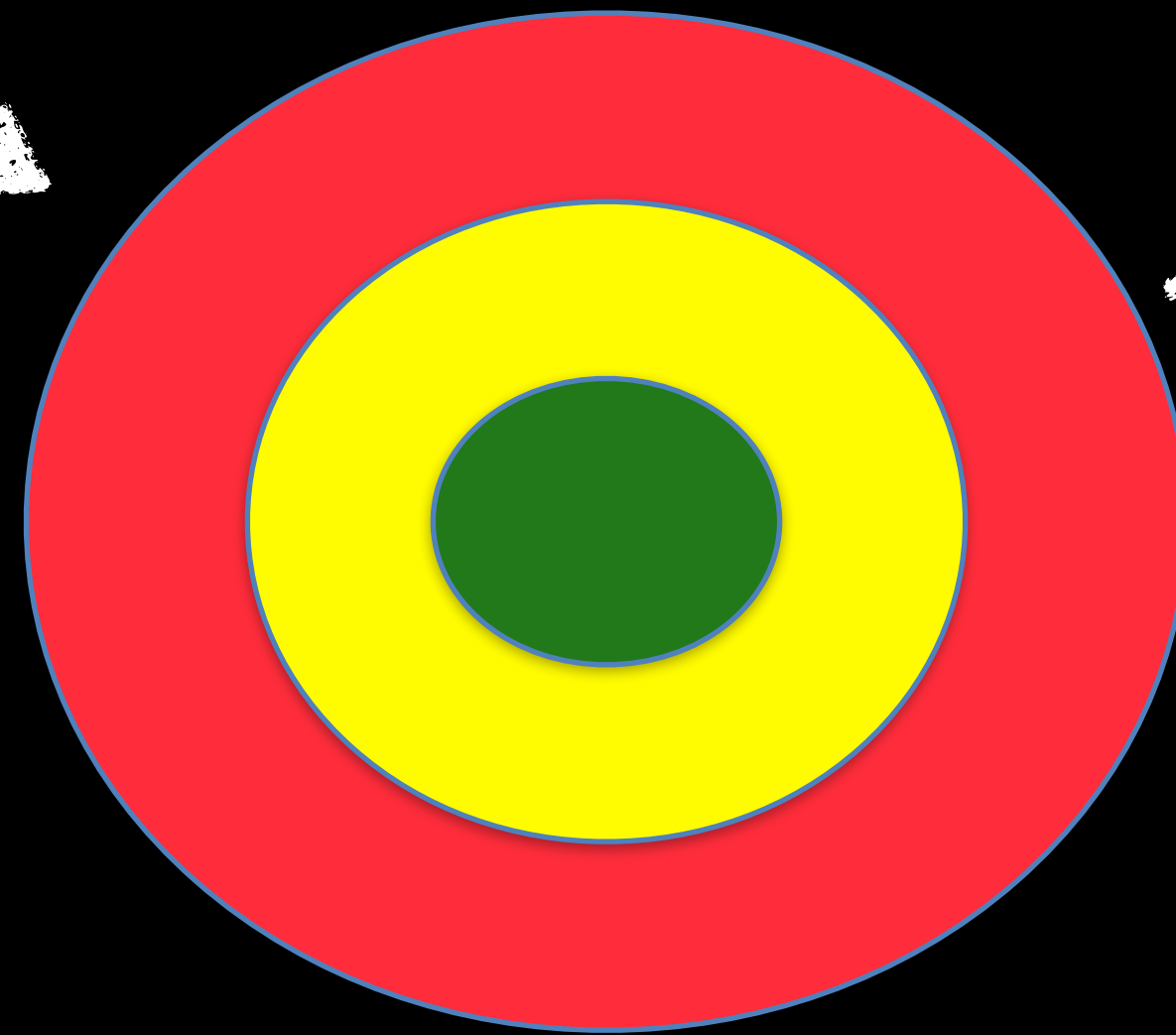


and this becomes  
the platform in  
which trust and  
relationship can  
begin

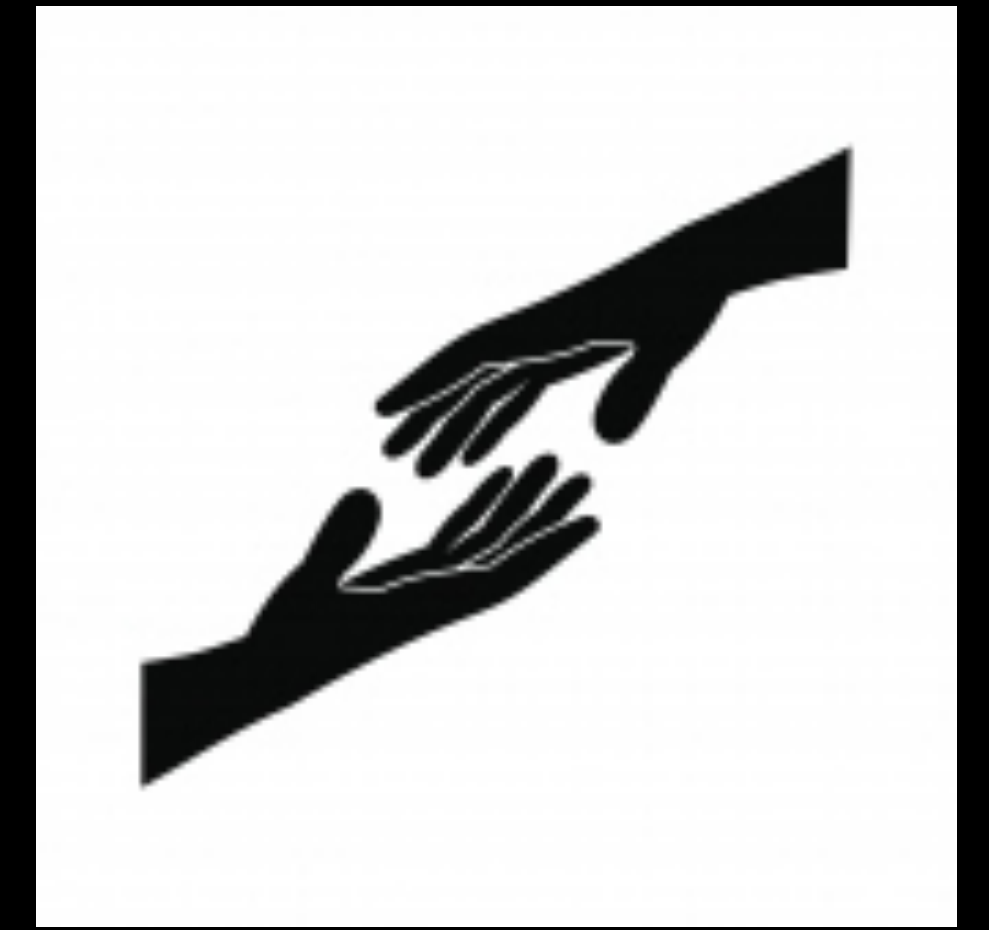
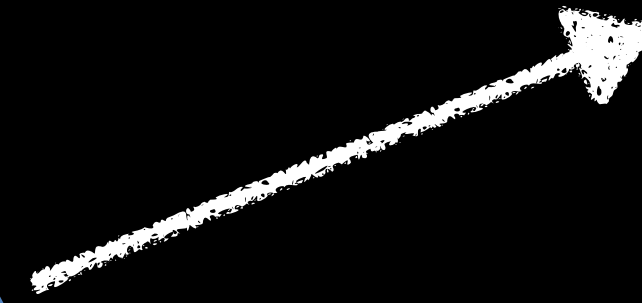




Drop your  
personal mirror



Allow time for  
self-regulation



Caring adult  
relationships =  
hope and healing

# Unconditional love teaches forgiveness



You may not be able to reach 100% of your students...  
but you can love them 100%



# Be The One...

## Caring Adult Relationship



=

