

Discussion Guide for Module 1: Alcohol and Other Drug Warning Signs

Discussion Questions

1. What were the warning signs for student alcohol and/or drug use depicted in the training module?
2. While processing this training module, let training participants know about any school district/building policies and/or procedures for referring students with a number of the warning signs.
3. Discuss resources available to teachers, so teachers don't feel alone dealing with these behaviors in their classroom.
4. Give participants a copy of the handouts for this training module found at www.wishschools.org/resources/

Warning signs of teenage alcohol and drug abuse may include:



- Physical: Fatigue, repeated health complaints, red and glazed eyes, and a lasting cough.
- Emotional: personality change, sudden mood changes, irritability, irresponsible behavior, low self-esteem, poor judgment, depression, and a general lack of interest.
- Family: starting arguments, breaking rules, or withdrawing from the family.
- School: decreased interest, negative attitude, drop in grades, many absences, truancy, and discipline problems.
- Social problems: new friends who are less interested in standard home and school activities, problems with the law, and changes to less conventional styles in dress and music.



www.wishschools.org

The Wisconsin Safe & Healthy Schools Center is a collaborative project between the Department of Public Instruction (DPI) and the CESA Statewide Network (CSN).

